

PLACE  
STAMP  
HERE

# Myths and Realities about Mental Illness

**Myth:**

There is no hope for people with mental illness.

**Reality:**

There are more treatments and community support systems than ever before with more in the works. People with mental illness lead active productive, and fulfilling lives.

**Myth:**

People with mental illness are more violent and can be unpredictable.

**Reality:**

Actually, the vast majority of people with mental health conditions are no more violent than anyone else. You probably know someone with a mental illness and don't even realize it.

Aurora Social Rehabilitation Services

401 Division Street Harrisburg PA 17110  
717-232-6675



## H.O.P.E TROUPE

HELPING

OPEN

PEOPLE'S

EYES

about mental illness and  
the stigma and myths  
associated with it.





## Our Mission Statement

Hope Troupe's mission is to provide education through entertainment by offering the audience understanding and insight into common misconceptions associated with mental illness. It is also our goal to inspire hope and healing within the mental health community. Our priority is for you to carry our message back to your families, community, and places of employment.

### How it began

Hope Troupe was the inspiration of Karin H.H. after seeing a similar concept at a C.S.P Conference in January of 2013. She quickly applied for a 'Seed Grant' and the application was completed and submitted promptly. Funds were obtained from P.M.H.C.A and Dauphin County C.S.P to start the project. Since then it



has grown and has been adopted by the Aurora Center as a consumer Social Rehabilitation Program.

## Poetry Readings, Acting Improvisation and more...

Hope Troupe was initially called "Stigma Busters" but was quickly changed to its current more inspiring name.



*"If we can break one chain of stigma, or discrimination we have succeeded."*

*Hope Troupe believes its message is urgently needed in response to some of the negative press that mental illness has received throughout history.*

**Please help us carry our mission to your family, friends and into your community.**



Hope Troupe strives to give accurate information about mental illness to our audience.



- Do not expect negativity
- Educate yourself to help others understand
- Be supportive
- Learn all you can so you can share with others
- Be willing to step in and speak up when you witness stigma in your community or workplace

### Contact Us To:

- ◇ Find out How To Join
- ◇ Book an Event
- ◇ Make a Donation

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Ask for the Hope Troupe Coordinator

**Visit us on the web:**

**auroraservices.com**