





# New Bloomfield Activity Calendar - OCTOBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENTAL ILLNESS AWARENESS WEEK BEGINS *bowling-10am *reading-1pm *karaoke-2pm	*workshop-10am (Telling Your Story) *writing our stories-1pm *sleep therapy-2pm	*workshop-10am (The Importance of Stress Relief for People with Mental Illness) *deep breathing-1pm	*workshop-10am (Creating Your Treatment Plan) *music therapy-1pm *zen doodling-2pm	*consumer choice-10am *decorate for Halloween-1pm *meditation-2pm
<i>Harry Potter Marathon</i> *Army Heritage trip-10am *Harry Potter and the Sorcerer's Stone-12pm	*Harry Potter and the Chamber of Secrets-9am *Harry Potter and the Prisoner of Azkaban-12pm	*Harry Potter and the Goblet of Fire-9am *Harry Potter and the Order of the Phoenix-12pm	*Harry Potter and the Half-Blood Prince-9am *Harry Potter and the Deathly Hollows (Pt 1)-12pm	*food bank-9am *consumer choice-10am *Harry Potter and the Deathly Hollows (Pt 2)-12pm
*gentle yoga-10am *drawing-1pm *coloring-2pm	*CSP meeting-10am *Wal-Mart-11:00am *meditation-1:30pm	*Community Aid and Salvation Army trip-10am *reading-2pm	*workshop-10am *exercise-1pm *sleep therapy-2pm	*consumer choice-10am *stretching-1pm *reading-2pm
*Dollar Tree trip-10am *exercise-1pm *karaoke-2pm	*open house-10am to 1pm *workshop-1:30pm	*JAM session-10am (Mechanicsburg) *meditation-2pm	*workshop-10am (Halloween History) *Halloween movie-1pm	*Fall Festival at STAR-10am
*reading scary stories-10am *yoga-1pm *craft-2pm	*Halloween Party-all day	NHS PSYCH REHAB EVERY FRIDAY (STARTS AT 9AM)	 	 
<b>ONLY MEMBERS CAN ATTEND</b> **IF INTERESTED IN ATTENDING PLEASE CONTACT MEGAN STEWART AT (717) 232-6675 OPTION 4 FOR MORE INFO	<b>Aurora Center Hours</b> <b>Monday - Friday</b> <b>8:30AM- 3:30PM</b>	Daily Events: *morning meeting-9:30am (must attend if present)	Weather Closing: Dial (717) 232-6675 and listen for announcement of a closing	**Reminder: If we are on an outing, then you will be responsible for your own lunch unless otherwise specified on the calendar.