

MAY 2018 WORKSHOPS

3 – Ways to Spread Mental Health Awareness

9 – Psychosis: Signs, Symptoms, and Treatments

10 – Schizophrenia vs. Schizoaffective Disorder

17 – What is Aspergers Syndrome and How Does It Relate to Mental Health?

21 – Better Ways to Communicate with Our Doctors

24 – Generalized Anxiety

31 – Depression vs. Bipolar Disorder